

Rumba Syllabus

Beginners

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The Basic Box	Yes				
Latin Motion	Yes				
Ladies Underarm Turn - 8 count	Yes				
Open Break with Walk Around Turn	Yes				
Side Breaks					
Cuban Walk					
Alternate Box					

Intermediate 1

Crossover Turns					
Fifth Position Breaks					
Cross-Body Lead					
Alternative Cross-Body Lead					
Cuban Rocks					
Forward Cuban Rocks					
Offset Breaks					

Intermediate 2

Back Spot Turn					
Back Spot Turn w/ Underarm Turn to L					
Forward Spot Turn					
Combination Spot Turn					
Cross Body Lead to Underarm Turn Combo					
Aida (Cuban Rocks in CPP)					

Silver 1

Grapevine					
Wrap Around Turns					
Open Cuban Walks					
Alternating Underarm Turns	Yes				
Open Swivel Walks	Yes				
Left Side Catch, Cradle & Roll Out					
Quick Underarm Turn	Yes				
Roll Out, Circle Wrap					